

Workplace Wellness A Total Health Solution.



Total Woman Gym + Spa offers Fitness, Strength, Recovery, Rejuvenation + Convenience, all under one roof.

Promoting a healthier workforce means savings for both the company + employee.

Benefits of adding Total Woman to your Total Wellness Solution:

- Decrease absenteeism
- Lower healthcare costs
- Increase employee productivity and engagement
- Decrease worker's compensation claims



Total Woman Gym + Spa offers special Wellness Packages for UCI employees and Alumni Association members.

UCI

\$0 ENROLLMENT

REG. \$125

\$10 SAVINGS
ON ANY MONTHLY MEMBERSHIP

* Membership fees charged monthly

To take advantage of significant savings through a Workplace Wellness Membership package with Total Woman Gym + Spa, please contact: General Manager, Rebecca Miller

Irvine

949-733-0478 | GMirvine@totalwomanspa.com