2012 Wellness and Safety Fair Vendor Directory

Albertsons (53) edison.hamada@albertsons.com www.albertsons.com Albertsons Savon Grocery Store and pharmacy.

American Diabetes Association (45)

scripe@diabetes.org www.diabetes.org Our Mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

American Heart Association (66)

marissa.fortuno@heart.org www.heart.org

The American Heart Association's mission is to build healthier lives free of cardiovascular disease and stroke. There are many ways that you can start or continue to live a healthy lifestyle.

American Red Cross (41)

<u>comunityoutreach@oc-redcross.org</u> <u>www.oc-redcross.org</u> Information to help people prevent, prepare for and respond to disasters and other emergencies.

Anaheim Eye Care (40)

Anaheimeyecare1@gmail.com www.anaheimeyecare.net

We at Anaheim Eye Care strive to provide each patient with a comprehensive eye exam and exceed in customer service. Education of eye health and yearly exams are of utmost importance for the early diagnosis of ocular diseases. We will always promote the highest quality in eyewear with a dedicated staff.

Anaheim Regional Medical Center (39)

elizabeth.castellanos@ahmchealth.com www.anaheimregionalmc.com/

Anaheim Regional Medical Center's Tobacco Cessation Department offers free programs to help you quit tobacco in English and Spanish.

Anthem Blue Cross (42)

nicole.jurcic@sbcglobal.net www.anthem.com/ca/uc

UC health benefit provider, highlighting information regarding medical plan, wellness resources and health programs.

ARAG (25)

Laura.Kares@ARAGgroup.com www.araggroup.com

ARAG, UC's group legal plan, offers trusted, affordable group level services to UC employees providing them with legal protection, valuable resources and peace of mind. ARAG's goal is to make legal services affordable and available to all. AT&T Mobility (55)

kent.broman@att.com

<u>www.att.com/wireless/uci</u> AT&T is here to offer the best communication solutions to UC Irvine Faculty & Staff.

Be The Match/National Marrow Donor Program (47)

sbaker@nmdp.org www.bethematch.org

Be The Match is operated by the National Marrow Donor Program. We offer you the unique opportunity to give a life saving marrow transplant to someone in need. Consider joining the Be The Match registry or become a volunteer together we can save lives.

Bristol Farms (64)

efuchser@bristolfarms.com www.bristolfarms.com Specialty Retail Grocery Store with full service catering and restaurant.

California Casualty (26)

jcharles@calcas.com

www.calcas.com

California Casualty is the exclusive Auto & Home Insurance Program for UC employees and provides information on discounts.

Cascade Centers (19)

ameiners@cascadecenters.com www.cascadecenters.com

The Employee Assistance Program (EAP) is a free and confidential service that can assist you and your eligible family members with any personal concern, large or small. Cascade Centers, Inc. coordinates with your benefit plan to offer you excellence with experience, unlimited accessibility, a variety of services, a professional caring staff, and more.

Costco Wholesale, Tustin #2 (61)

w01001mkt02@costco.com www.costco.com

Costco provides products and services for everyone with significant savings.

Council on Aging-Orange County (84)

bdarke@coaoc.org www.coaoc.org

The council on aging-Orange County was formed as a nonprofit organization in 1973 and serves more than 75,000 of Orange County's older adults and their families. They annually assist seniors in living safer, more dignified and independent lives.

Delta Dental (16)

jmanoa@delta.org www.deltadentalins.com UC's dental insurance provider (HMO and PPO plan).

DreamWorks Dental & Implants/ Lake Forest Dental & Implant Center (54)

marilyn@dreamworksdentalcenter.com www.dreamworksdental center.com

Are you looking for a new dentist? Do you need a second opinion on major dental treatment or a dental implant? We're in network providers with Delta Dental of California.

Farm Fresh To You (60)

judy@farmfreshtoyou.com

www.farmfreshtoyou.com

Growing organic produce since 1976, Farm Fresh To You harvests over 100 types of fruits and vegetables and offers over 14 different types of produce boxes for delivery to homes and offices in California. Our representative will bring a beautiful display of Farm Fresh To You organic produce and lots of information about healthy eating, sustainable agriculture and our Community Supported Agriculture (CSA) program of connecting the community directly to the farm by delivering high quality, organic produce fresh from the farm to the doorstep. Attendees who wish to join the service will receive a discount on their first delivery.

Fidelity Retirement Services (23)

ayla.galeyeva@fmr.com www.fidelity.com UC Financial Education Program, recordkeeping of UC Retirement Savings Program.

First Aid America (69)

sheri@firstaidamerica.com www.firstaidamerica.com First aid supplies/kits and Earthquake-emergency supplies/kits.

Forest Lawn Memorial- Parks& Mortuaries (44)

arosario@forestlawn.com www.forestlawn.com Pre-Planning Services - Mortuary and Cemetery.

Gentle Dental (80)

alfaroe@interdent.com www.gentle1.com

Gentle Dental-Irvine is a Multi-Specialty provider with offices in Irvine, Orange, Mission Viejo, and Costa Mesa. We are also providers with Delta Dental.

Grainger Industrial Supply (13)

jason.grant@grainger.com www.grainger.com

Grainger is a business-to-business distributor of products used to maintain, repair or operate a facility. Millions of customers worldwide rely on Grainger for pumps, motors, hand tools, janitorial supplies and much from a broad collection of industries including healthcare, manufacturing, government and hospitality.

Greater Newport Physicians (12)

Kayleigh.Shaw@NautlisHMG.com www.gnpweb.com

Greater Newport Physicians is one of the top provider groups in Orange County comprised of over 500 primary care physicians and specialists who provide first-rate health care to more than 100,000 Orange County residents. We are also the only managed care physician group that gives our members full access to Hoag Memorial Hospital Presbyterian's network, which includes two acute care hospitals and seven health centers.

Health Net, Inc. (32)

joanne.dawson@healthnet.com www.healthnet.com

UC health benefit provider, Health Net is making health care work for you. We build enduring productive partnerships; we deliver affordable tailored solutions backed with dependable performance.

Hoag Hospital (11)

dbbatle@aol.com

www.hoag.org

Hoag Memorial Hospital Presbyterian has grown from a single coastal hospital to a robust healthcare system. With three hospitals (Hoag Irvine, Hoag Orthopedic Institute, and Hoag Newport Beach), seven Hoag Health Centers and five Hoag Urgent Care Centers, Hoag continually strives to provide the highest quality healthcare services to the communities we serve.

JPMorgan Chase (81)

jason.redmond@jpmchase.com www.chase.com

Chase at Work is a powerful program that offers great discounts to checking customers, makes banking convenient for your employees and helps promote payroll direct deposit all at no cost to your organization. We offer these services through on site banking conducted by chase professionals at your place of business. Chase Exclusives offers you and your employees better rates, more rewards and bigger discounts in one convenient banking package just for being a chase customer.

Kaiser Permanente (35)

Kim.t.chau@kp.org www.kp.corg UCI health benefit provider. We are a non-profit, health plan for employees.

Kettle Masters (out)

jduffner@californiakettlekorn.com Freshly popped Kettle Corn.

KeVita Probiotic Drink (76)

acraft@kevita.com

www.kevita.com

KeVita is a delicious Sparkling Probiotic Superdrink. Using a fresh new approach, KeVita combines the finest organic ingredients including fruits, teas, or coconut water, organic plant extracts and probiotics for your drinking pleasure, radiant vitality and health.

Kimberly Clark Professional (56)

elisa.huang@kcc.com

www.healthyworkplaceproject.com/90day/challenge. as

At Kimberly Clark, we believe in creating exceptional workplaces by providing The Healthy Workplace Project experience. We motivate employees to take ownership of their wellness and help promote a more healthy and engaged work environment.

Mahoroba USA (65)

mahorobausa@gmail.com

HealthRHYTHMS group empowerment drumming with Jamie Jones-trained healthRHYTHMS facilitator. HealthRHYTHMS brings together many elements of health and well being into one fun, creative enjoyable hour.

MemorialCare Medical Group (33)

csharon@memorialcare.org

www.memorialcare.org/medicalgroup

MemorialCare Medical Group has been perennially honored as one of California's top performing primary care and multi-specialty medical groups. With over 29 locations in Orange County and the Long Beach area, including Urgent Care, we're here to help you stay healthy and care for you when you're not.

Mission Linen and Uniform Services (out)

jlong@missionlinen.com

www.missionlinen.com

Providing a wide arrange of rental products and direct purchase items, for healthcare, industrial type accounts, linen for restaurants and the hospitality market industry.

Mix1 All Natural Protein Shakes (86)

nataliegattrell@mix1life.com www.mix1life.com

Mix1 products contain only the highest quality all-natural ingredients including whey, protein isolate, carbohydrates, antioxidants, soluble fiber, and healthy fat. We use the right balance of these ingredients at efficacious levels to provide the maximum benefit to your body before a workout, after a workout or throughout your day.

Newport Urgent Care (34)

dlucero215@hotmail.com

http://www.newporturgentcare.com/

Newport Urgent Care is a medical provider for Urgent Care and Occupational Medicine.

OC Medical & Disc Institute (48)

ocmedicalanddisc@gmail.com www.chiropractorincostamesa.com

We are a full service health center. We offer deep tissue massage, muscle therapy, chiropractic, steroid-free injections, and more.

Office Solutions (31)

kgordon@officesolutions.com www.officesolutions.com

Office Solutions provides UCI with office supplies, furniture, ergonomic accessories and imprinted advertising items. We offer thousands of recycled and Earth friendly items.

Orange County Registrar of Voters (72)

beth.beckett@rov.ocgov.com www.ocvote.com

The Registrar of Votes is responsible for conducting elections in the County of Orange, the fifth largest voting jurisdiction in the United States with 1.6 million registered voters. We are responsible for all components of election management, including voter registration, poll worker and polling place recruitment, ballot creation, voting system security, ballot processing and vote tallying, community outreach and education, and candidate services such as candidate filing and campaign finance.

Panera Bread, Newport Beach (62)

Jenny.lynch@panerabread.com www.panerabread.com

Panera Bread feature freshly baked breads, bagels, pastries, grilled breakfast sandwiches, hot egg soufflés, soups, salads, and espresso drinks in a warm engaging environment featuring classical and jazz music with complimentary Wi-Fi. Panera Catering is also an approved UCI vendor.

Paws 4 Healing, Inc. (36)

paws4healing@aol.com www.paws4healing.info

Paws 4 Healing, Inc. is an animal-assisted activity/therapy organization for the single purpose of sharing our loving pets with people. Our one and only goal is to serve those we visit to try and make a difference in their lives. We visit hospitals, assisted living facilities, schools, rehab centers, and we participate in R.E.A.D., the Reading and Education Assistance Dog program.

Prospect Medical Group (10)

shelly.bernal@prospectmedical.com www.prospectmedical.com Looking for new doctor? Contact Prospect Medical

Group for more information.

ReadyOC (43)

agalvan@westboundcommunications.com www.ReadyOC.org

ReadyOC is our county's disaster preparedness campaign aimed at educating and empowering Orange County residents, businesses and the community to better prepare for emergency situations.

Red Wing Shoes (out)

brohoppie@yahoo.com www.redwingshoes.com Red Wing Shoes provides safety shoes and boots to employees of UCI.

Road Runner Sports (out)

sdunnum@roadrunnersports.com www.roadrunnersports.com

Road Runner Sports can attribute its successes as the World's Largest Running and Walking Store to the special one-on-one relationship it enjoys with you, our Customer. Our commitment to you, and your passion for running and fitness, is the one thing that will remain constant.

SchoolsFirst FCU (24)

vpeek@schoolsfirstfcu.org http://www.schoolsfirstfcu.org/

SchoolsFirst FCU is a financial cooperative that is a not-for-profit organization. Earnings are used to benefit all members to provide a full range of financial services and offerings, including personalized service and helping members of all means branch and express center locations throughout OC and the surrounding areas over 28,000 fee free ATMs nationwide through the CO-OP Network competitive earnings and savings competitive loan rates and lower costs of services.

Sittercity (20)

jrisch@sittercity.com www.sittercity.com

Your "self-service solution" to in home child, elder and pet care, you are in the driver's seat to find the perfect caregiver for your family. UC offers this benefit to help current UC faculty and staff members find caregivers--especially on short notice- so that they can get to the office or classroom with minimal disruption.

Specialty's Café and Bakery (59)

mmcdonough@specialtys.com www.specialtys.com

Specialty's Café and Bakery hand-produces fresh sandwiches, salads, soups, breakfast & baked goods in each of our cafés daily. As an approved campus caterer, we provide delivery or pick up for groups, meetings, and events.

StayWell Health Management (21)

brandon.kveene@staywell.com www.uclivingwell.online.staywell.com

The StayWell program is available to help you change your health behaviors and create a healthier lifestyle. StayWell offers a Health Assessment, online portal, and lifestyle management coaching to help UC employees assess their health risks and take steps to manage their health and wellness.

UCI Arts Outreach, Claire Trevor School of the Arts (37)

megan.macdonald@uci.edu www.arts.uci.edu/artsoutreach

Arts Outreach at the Claire Trevor School of the Arts partners with local schools and arts organizations to share our talents and knowledge with people of all ages. Composed of several community minded programs, Arts Outreach introduces children (K-12) to the arts, prepares middle-and high school students for college and provides adults with active experiential immersion in the arts to help enrich lives. Programs include summer academics in the arts, creative connections and reach-ins as well as a partnership with the Osher Lifelong Learning Institute.

UCI Athletics (04)

<u>swilliam@uci.edu</u>

www.ucirvinesports.com

UC Irvine Athletics provides over 70 youth sports camps to boys and girls ages 5-18 over nine weeks in the summer. UC Irvine Employees receive a \$10 discount on all Athletic Summer Camps.

UCI Bookstore (03)

elane@uci.edu

www.book.uci.edu

Campus store that sells coursebooks, apparel, gifts, technology, and more.

UCI Campus Assault Resources and Education (52)

zkhoraki@uci.edu www.care.uci.edu

UCI Campus resources assault and education (CARE) supports the goal of providing an educational environment free from violence and discrimination. Guided by the values and respect for diversity, human rights, and community responsibility, the CARE office provides comprehensive programs to serve those affected by sexual assault relationship abuse and stalking. CARE offers counseling, advocacy, prevention education, and leadership and training opportunities, while working closely with the community.

UCI Campus Blood Donor Center (01)

bbewey@cox.net

www.healthcare.uci.edu/ibleedblue/

The UC Irvine Campus Blood Donor Center is located in the Student Center, on level 1 inside the Courtyard Study Lounge. We provide blood and platelets for the patients at the UC Irvine Medical Center.

UCI Campus Recreation (05)

cburkes@uci.edu

www.campusrec.uci.edu

Providing participatory sports, fitness programs, and services to the university community in a manner that meets or exceeds the standard of excellence of the University.

UCI Chancellor's Advisory Committee on the Status of Staff (CACSS) (74)

<u>thu.pham@uci.edu</u> <u>http://www.hr.uci.edu/cacss/</u> CACSS: The Chancellor's Advisory Committee on the Status of Staff.

UCI Community & Government Relations (73)

prowland@uci.edu www.ucforcalifornia.org/ucirvine

The Anteater Advocate is a coalition of volunteers who share a commitment to higher education and the University of California, Irvine.

UCI CSAR - Campus Search and Rescue (Emergency Management Division of Police Department) (28)

Lbogue@uci.edu

http://snap.uci.edu/viewXmlFile.jsp?resourceID=140

Based on the national Community Emergency Response Teams (CERT), CSAR educates employee volunteers about disaster preparedness for hazards that may impact their home or work area and trains them in basic disaster response skills. Using the training learned in the classroom and during exercises, CSAR members can assist others in their neighborhood or workplace following an event when professional responders are not immediately available to help.

UCI CUIDAR for Attention & Learning (49) swoodard@uci.edu

www.cuidar.net

Are you concerned about your child's behavior? If you have a child between 0-5 years old, CUIDAR offers two programs designed to help parents find effective solutions to common behavior challenges.

UCI Department of Epidemiology - Living Healthy Prevention Research and Athena (38)

miam@uci.edu

<u>www.epi.uci.edu</u> Department of Epidemiology provides brochures on the Living Healthy prevention research initiative.

UCI Department of Neurology (85)

slniswon@uci.edu http://www.neurology.uci.edu/ Neurology Department of Clinical Research.

UCI Disability Services Center (57)

gkeller@uci.edu www.disability.uci.edu

Provides equal opportunities for students with disabilities in a campus-wide capacity by increasing awareness and providing opportunities through counseling, test accommodations and other services.

UCI Environmental Health and Safety (29)

jillmj@uci.edu www.ehs.uci.edu

A safety resource for UCI campus providing assistance in injury prevention for faculty, staff, students and the general public on the UCI campus.

UCI Environmental Health and Safety-Ergonomics (30)

bmanalac@uci.edu www.ehs.uci.edu

EH&S provided UC Irvine campus injury prevention services and consultation to keep your workplace safe and injury free.

UCI Environmental Health and Safety- Fire (Out) seros@uci.edu

www.ehs.uci.edu

Fire safety and injury prevention. Fire Extinguisher demonstration. Hands-on learning experience on putting out a fire.

UCI Facilities Management (14)

Egallton@uci.edu

http://www.fm.uci.edu

Safety materials to utilize during safety committee meetings. Information on how to conduct work unit safety meetings.

UCI Gavin Herbert Eye Institute - Refractive Surgery & Oculofacial Plastic Surgery Center (09) mgduran@uci.edu

www.eye.uci.edu

The mission of UC Irvine's Gavin Herbert Eye Institute and Department of Ophthamology at UC Irvine's School of Medicine is to develop innovative technologies, clinical solutions and educational program that enhance visual health and performance for people in Orange County, the nation, and the world.

UCI Health Education Center (51)

ssheikh@uci.edu

www.healtheducation.uci.edu

The Health Education Center strives to set the standard in collegiate health education by focusing on nutrition, sexual health, alcohol/tobacco/other drugs, and stress/time management. We empower the UCI community members to make informed decisions that support their individual health, as well as a healthy campus environment.

UCI Hospitality & Dining/UCI Subway (58)

khueber@uci.edu

www.ucidining.com

UCI Hospitality & Dining provides all your dining needs on campus with 3 all-you-care-to-eat dining facilities and over 20 retail locations on campus. Save time and money with our meals plans; available to anyone in the UCI community.

UCI Human Resources (22)

akrinsky@uci.edu www.hr.uci.edu

Human Resources supports the UCI Community, by providing expert advising, training, programs and resources. Information also available about the UCI LivingWell program, CER, UCI Whistleblowers Program and UCIMC Compliance.

UCI Institute for Memory Impairments and Neurological Disorders (UCI MIND) (83) leyley@uci.edu

www.mind.uci.edu

Over 60,000 residents of Orange County suffer from Alzheimer's disease and by 2030 that number will more than double. Research offers the best hope for slowing its course and discovering a treatment, so we can eventually achieve a world without dementia. Our vision is to develop a world class research and clinical care institute focused on treating patients suffering from neurological disorders (Alzheimer's, Parkinson's, Huntington's).

UCI Libraries (50)

cynthiaj@uci.edu

www.lib.uci.edu

The UCI Irvine Libraries provide access to a wide variety of electronic and print resources about health and medicine. Our collections, resources and services are available to all UCI faculty, staff, and students.

UCI Materiel & Risk Management Department (15) <u>cntaylor@uci.edu</u> www.mrm.uci.edu

The UC Irvine Risk Management administers all Insurance Programs, Claims matters and Contract Services for the campus and works to reduce liability by developing Loss Control programs.

UCI Police Department (27)

www.police.uci.edu mpurcell@uci.edu

The UCI Police Department provides our community with the highest level of public safety and police services. We are committed to respecting human dignity and to understanding the needs and values of our community. We support and assist the University of California in its mission of providing excellence in education.

UCI Staff Assembly (71)

ifahr@uci.edu

http://www.staffassembly.uci.edu/

Staff Assembly promotes the interests of the staff and bolsters communications between staff and the administration by providing input to the decision-making process on issues affecting staff and the University. Staff Assembly also develops and supports activities that serve UCI and the community.

UCI Strategic Communications (67)

jmouledo@uci.edu http://www.uci.edu

The office of strategic communications leads efforts to promote UCI's mission, priorities and values; raise awareness of its achievements, accomplishments and cultural events; and increase the involvement and support of its internal and external communities through regular communications to target audiences.

UCI Student Center & Event Services (02)

elane@uci.edu www.studentcenter.uci.edu Event production services department.

UCI Susan Samueli Center for Integrative Medicine (79)

Imacaula@uci.edu www.sscim.uci.edu

The Susan Samueli Center for Integrative Medicine seamlessly merges conventional medicine and a wide range of complementary approaches that optimize the care and treatment of the whole person. In addition to holistic clinical care, the center conducts fundamental and clinical research on complementary healing practices, and educates medical students, health professionals, and the public about these practices.

UCI Transportation and Distribution Services -Bicycle and Sustainable Transportation Program (out)

leharris@uci.edu www.parking.uci.edu

UCI transportation and Distribution Services provides information on Bicycle Education and Enforcement Program (BEEP), Zotwheels, guest and event services and sustainable transportation.

UCI Weight Management Program (63)

Imgiglio@uci.edu

www.weight.uci.edu

Full range of weight management services with multidisciplinary staff of physicians, registered dieticians and exercise physiologists. Open to all UCI staff and the community.

UCIMC Admission Department (06)

sotos@uci.edu

Our department oversees schedule and unscheduled medical admissions, verifies/confirms insurance benefits & eligibility, notifies insurances of in patient admissions for authorizations and screens the non-insurance patients for possible programs.

UCIMC Cardiovascular Center (07)

ndemiche@uci.edu

www.healthcare.uci.edu/cs.asp

Cardiovascular Center at UC Irvine Medical Center treats thousands of patients each year for all types of cardiovascular disease, ranging from the common to the rare. Come visit some of its team members to get educated about heart disease and prevention.

UCIMC Chao Family Comprehensive Cancer Center (78)

minselbe@uci.edu www.ucihealth.com/cancer

We are dedicated to providing unparalleled care in the diagnosis and treatment of a full range of cancer and bone marrow related diseases.

UCIMC H.H. Chao Comprehensive Digestive Diseases Center (CDDC) (77)

becklunl@uci.edu www.ucihealth.com/cddc

The CDDC's multidisciplinary team of specialists delivers leading-edge treatment for a broad range of gastrointestinal (GI) conditions, including disorders of the esophagus, stomach, liver, pancreas, colon, and rectum.

UCIMC UC Irvine Healthcare - Volunteer Services (08)

michelle.sinclair@uci.edu

www.healthcare.uci.edu/volunteer-services/

Volunteer at the UC Irvine Medical Center. Retirees, current employees and college students can volunteer for just three hours a week. Join our volunteer team.

UCIMC UCI SeniorHealth Center/Program in Geriatrics/ UCI Department of Family Medicine (82)

bwalling@uci.edu

www.ucihealth.com

UCI SeniorHealth Center provides medical care for older adults who want to maintain their good health as well as those who want to improve their health with specialized care. The SHC staff includes five geriatricians, a physician assistant, pharmacists, neuropsychologists, a social worker and nurses all with special training in the care of older patients.

United Behavioral Health (18)

iris.schaeffer@optum.com

www.LiveAndWorkWell.com

United Behavioral Health provides mental health and substance abuse benefits for UC Irvine employees that opt into a UC-sponsored medical plan. Please stop by our booth to find out more about the benefits available to you.

University Optometric Center (68) Uceves@aol.com

www.Ocog.com

The University Optometric Center (formerly the UCI Eye Clinic) is located in the University Town Center. We have provided UCI student, staff and the general public with quality vision care for over 22 years. Our experienced staff and doctors are dedicated to provide the best eye care services using the most up to date technology. We carry the newest frame styles, prescription lens materials and contact lenses. Our staff is comprised of UCI students working towards a career in optometry.

Vitalae Dental Spa (46)

andrewbui2@gmail.com

www.vitalaewellness.com

We are a dedicated team of healthcare specialists who are committed to helping our patients embark on a journey to a new vitality by leading each individual on a life changing path in the comforts of our highly trained staff. A Delta Dental provider.

VSP (17)

mel.scott@vsp.com

www.vsp.com

VSP provides routine care for all active UC employees and Retirees who choose the vision program. VSP will have literature and giveaways at the booth.

Westcliff Medical Center/Gateway Rehab and Wellness Center (70)

lmahan000@yahoo.com

www.grwc.net

Our Wellness Centers provide a state-of-the-art multidisciplinary wellness center for health conscious wellness minded individuals and their families. We emphasize on improving your health in an effort to reduce the risk of pain and illness in the first place.

Whole Foods Market Tustin (75)

michael.hack@wholefoods.com

www.wholefoodsmarket.com/stores/tustin Visit the Whole foods market booth and take a ride on the blender bike. Whip up a tasty smoothie using your own leg power. You'll never believe what ingredients we're using to create one of the healthiest (and fastest) breakfasts you can make.

Zipcar (out)

dmgrossman@zipcar.com www.zipcar.com/losangeles

Zipcar's mission is to enable simple and responsible urban living by offering a wide range of vehicles by the hour or the day to urban residents, college students, and businesses. Zipcar is smart and convenient- our membership includes gas, insurance, vehicle maintenance and parking. Our cars can be reserved online or by using our award-winning iPhone app, Android app, or you can even reserve a Zipcar on Facebook.