

2011 Wellness and Safety Fair Vendor Directory

2-1-1 Orange County

(888) 600-4357

info@211oc.org

www.211oc.org

Highlighting the toll free, 3 digits resource telephone number that provides comprehensive information and referral for health and human services.

Albertsons, Campus Drive

(949) 854-8282

www.albertsons.com

Providing nutrition IQ and pharmacy related information.

American Diabetes Association

(714) 662-7940

scripe@diabetes.org

www.diabetes.org

Presenting diabetes information, referrals, and resources with the mission of prevention and cure of diabetes and improving the lives of all people affected by diabetes.

American Heart Association

949-856-3555

orange.county@heart.org

www.heart.org

The American Heart Association's mission is to build healthier lives free of cardiovascular disease and stroke. By 2020, we want to improve the cardiovascular health of all Americans by 20% while reducing deaths from cardiovascular disease and stroke by 20%.

American Red Cross of Orange County

(714) 481-5377

communityoutreach@oc-redcross.com

www.oc-redcross.org/

A humanitarian organization that provides relief to victims of disaster and helps people prepare for disasters and other emergencies.

Anthem Blue Cross

(818) 234-330

nicole.jurcic@wellpoint.com

www.anthem.com/ca/uc

UCI health benefit provider, highlighting information regarding medical plan, wellness resources and health programs.

ARAG Legal Benefit Services

(800) 888-4184

info@ARAGgroup.com

www.ARAGgroup.com

Offering comprehensive legal plans that provide a smart and trusted path for resolving legal issues. This enables people to protect their families, finances and futures.

Back Bay Wellness

(949) 631-0200

drbelling@backbaywellness.com

www.backbaywellness.com

Get your health back and feel good again while using services that include chiropractic, massage, physical therapy, spinal decompression, nutritional counseling, detox/wt. loss programs, and acupuncture!

Back to Wellness Chiropractic

(949) 251-0155

dr.jung@poweredbychiropractic.com

www.PoweredByChiropractic.com

Dedicated to helping patients get out of pain without the use of harmful drugs or surgery, instead we provide the highest quality chiropractic care, therapeutic massage, nutritional counseling and rehab.

Bank of America

(619) 309-7956

yazmin.lope@bankofamerica.com

www.bankofamerica.com

From setting up a checking or savings account to finding the right home loan, Bank of America can help. And for your investment needs, Merrill Edge™ offers a full range of advice and guidance.

Be The Match/National Marrow Donor Program

(714) 800-1610

sbaker@nmdp.org

www.bethematch.org

Be The Match Marrow registry drive will highlight the need for more marrow donors. Interested employees can complete forms and swab kits to add their names to the Be The Match Marrow Registry.

Bristol Farms

(949) 760-6514

nbcatering@bristolfarms.com

www.bristolfarms.com

A wonderful market full of extraordinary products, great value and amazing customer service

Bristol Park Medical Group

(866) 276-3627

www.bristolparkmed.com

One of Orange County's oldest and highest rated physician groups. We combine old-fashioned, quality care with today's technologies. Lab and x-ray services are available at each site. Strong proponents of wellness, our physicians are dedicated to being there for you, "in sickness and in health."

California Casualty

(714) 473-5750

icharles@calcas.com

www.calcas.com

Offering UCI employee discounts for auto and home insurance. Employees can receive insurance rates quotes, resources for payroll deduction option, and information on ways to save through discounts and free ID Theft Resolution Services.

Cascade Centers, Inc.

(800) 433-2320

sung@cascadecenters.com

www.cascadecenters.com

In partnership with UCI, we provide employees and their family members additional benefits through the Employee Assistance Program.

Council On Aging Orange County

(714) 479-0107

www.coaoc.org

Private, non-profit organization empowering and providing resources for disabled and older adults in Orange County so that they can sustain themselves and live independently.

Crohn's & Colitis Foundation of America

(646) 717-6208

jbroun@ccfa.org

www.ccfa.org

A non-profit organization focused on finding a cure for Crohn's & Colitis while providing services for our patients in the Orange County community.

Crystal Coast Optometry

(949) 715-4300

crystalcoastoptometry@gmail.com

www.crystalcoastoptometry.com

Full service optometry office that carries designer eyewear. We accept most major insurance plans.

Dantian Therapy Center

(949) 855-8948

info@dantiantherapy.com

An Acupuncture clinic of three Ph.D. acupuncturists, with oriental medicine and therapeutic massage therapy, for relieving pain and stress, recharging energy, and weight loss, among others.

Delta Dental of California

(800) 765-6003

www.deltadentalins.com

University of California Dental Benefits

Dreamworks Dental & Implant Center

(949) 644-1001

info@dreamworksdentalcenter.com

www.dreamworksdentalcenter.com

We strive to achieve excellence with every patient with a single goal in mind, establishing a relationship and friendship that will continue for many years to come. We welcome families of all ages and needs, our staff is professionally trained and equipped to meet the needs of everybody in your family.

Farm Fresh To You

(916) 303-7145

contactus@farmfreshtoyou.com

www.farmfreshtoyou.com

Delivery of organic produce fresh from the farm to the doorstep.

Fidelity Retirement Services

(619) 929-2013

jeffrey.crowley@fmr.com

www.netbenefits.com

Information and materials on UC Retirement Savings Program and Fidelity financial resources.

First Aid America

(949) 836-8282

sheri@firstaidamerica.com

www.firstaidamerica.com

We provide emergency/earthquake preparedness kits along with first aid supplies.

Forest Lawn Memorial Parks & Mortuaries

(714) 484-2087

arosario@forestlawn.com

www.forestlawn.com

A non-profit, privately held association serving all families in advance planning, both cemetery & funeral arrangements.

Geiger West

(310) 937-0996

clautner@geiger.com

www.geigermall.com/clautner

Geiger Brand Specialist, offering the Liv, Breast Self Exam Aid – co-founded by Olivia Newton-John, breast cancer thriver.

Go Green E-waste Recyclers, Inc.

(949) 500-8343

mike@gogreenewaste.com

Providing free resources on recycling collection as a complete environmentally sound solution to collect unwanted electronics.

GRAINGER Industrial Supply

(949) 255-5669

jason.grant@grainger.com

www.grainger.com

EH&S partner focused on sustainability and safety. Providing literature on health & hygiene, cost-saving solutions and information on placing orders.

Greater Newport Physicians

(800) 553-6537

www.gnpweb.com

An Independent Practice Association (IPA) comprised of nearly 500 affiliated physicians and specialists who provide first-rate health care to more than 100,000 Orange County residents.

Health Net, Inc.

(800) 539-4072

www.healthnet.com

UCI health benefit plan provider, highlighting resources and wellness related items.

Hoag Hospital

(949) 764-4624

www.hoag.org

Consists of two acute-care hospitals in Newport Beach and Irvine, seven health centers and a network for more than 1,200 physicians, 5,000 employees and 2,000 volunteers – all committed to providing the finest healthcare services available.

JP Morgan Chase Bank

(949) 838-1486

jason.redmond@jpmchase.com

www.chase.com

Information regarding JPMorgan Chase employee banking benefits, Chase exclusives and discounts.

Kaiser Permanente

(800) 464-4000

www.kp.org

A University of California Health Plan.

Kettle Masters

(714) 269-1183

jduffner@californiakettlekorn.com

Freshly popped KettleKorn.

Mission Linen and Uniform Service

(951) 479-7297

kaustin@missionlinen.com

www.missionlinen.com

Providing a wide arrange of rental products and direct purchase items, for healthcare, industrial type accounts, linen for restaurants and the hospitality market industry.

Monarch Healthcare

(888) 767-2222

www.monarchhealthcare.com

The largest physician organization in Orange County, contracted with over 2,500 private-practice physicians, and affiliated with most major health plans and hospitals throughout Orange County.

National Kidney Foundation

(949) 939-7268

heather.thompson@kidney.org

www.kidneysocal.org

Providing research, education and advocacy of Kidney and Urinary Tract Diseases.

NCADD - OC/Community Alliance Network

(949) 595-2284 ext. 328

lesfandiari@canoc.org

www.canoc.org

Providing resources and materials regarding tobacco cessation services to UCI faculty, students, and staff.

Newport Urgent Care

(949) 752-6300

dlucero@newporturgentcare.com

www.newporturgentcare.com

UCI Worker's Compensation Disability Management referral clinic for Urgent Care and Occupational Medical care services.

OC Medical & Disc Institute

(714) 751-5050

ocmedicalanddisc@gmail.com

A physical medicine clinic that uses FDA approved, drug free treatment - including muscle therapy, deep tissue massage, adjustments and natural joint and trigger point injections that are proven to cure neck pain, lower back pain, headaches/migraines, sciatica, sleeping disorders and arthritis/degeneration.

Office Solutions Business Products and Services

(714) 692-7412

kgordon@officesolutions.com

www.officesolutions.com

A UCI vendor for ergonomic office furniture and products. We are also a great source for Earth friendly office supplies.

Panera Bread, Newport Beach

(949) 721-8800

jenny.reed@panerabread.com

www.panerabread.com

Features freshly baked artisan breads, bagels, pastries, soups, freshly-tossed salads, sandwiches, and espresso drinks in a warm engaging environment with complimentary WIFI. Also, offering Panera catering.

Prospect Medical Group

(714) 796-5926

shelly.bernal@prospectmedical.com

www.prospectmedical.com

Prospect Medical Group serving OC, LA & Riverside Counties helping families with health care needs.

Redwing Shoes

(714) 287-1808

www.redwingshoes.com

Provides safety boots and shoes for health and safety personnel and maintenance staff. EH&S approved.

Salus Homecare

(888) 725-8742

www.salushomecare.com

Provides customized in-home care services for your loved ones. Care is tailored to the client's needs, wants and circumstances.

Schools First Federal Credit Union

(714) 258-4000

vpeek@schoolsfirstfcu.org

www.schoolsfirstfcu.org

A not-for-profit financial institution that serves school employees.

Specialty's Café & Bakery

(949) 293-6768

lmartos@specialtys.com

www.specialtys.com

Specialty's Café and Bakery hand-produces fresh sandwiches, soups, salads, breakfast and baked goods in each of our cafes every day. We also cater corporate events and lunches and offer food delivery.

Stafford Chiropractic

(949) 222-9171

chipstaf@sbcglobal.net

www.staffordchiropractic.com

Chiropractic, physical therapy, and massage therapy practice that has been in Irvine for 20 years.

StayWell Health Management

(651) 365-7171

holly.scholl@staywell.com

<https://uclivingwell.online.staywell.com>

Available to help you change your health behaviors and create a healthier lifestyle. StayWell offers a Health Assessment, online portal, and lifestyle management coaching to help UC employees assess their health risks and take steps to manage their health and wellness.

Steelcase/Tangram Interiors

(714) 264-1686

arice1@steelcase.com

www.steelcase.com

Ergonomic work station products and seating from the World's largest Office Furnishing Manufacturer will be featured.

UCI Academic & Professional Women

(949) 824-1984

iparpana@uci.edu

<http://www.apw.uci.edu/>

Developing awareness to faculty, staff, and other campus constituencies of the contributions of women to the mission of UCI to serve as a networking and communications channel.

UCI Athletics

(949) 824-4690

swilliam@uci.edu

www.uciirvinesports.com

UC Irvine Intercollegiate Athletic department consisting of sports programs. Athletics offers a variety of discounts and incentives to faculty and staff.

UCI Bookstore/UCI Computerstore

(949) 824-2665

bstore@uci.edu

www.book.uci.edu

Providing course materials, technology products and services, general interest books, UCI apparel & gifts and office supplies to the UCI campus community. We are also an authorized Apple Campus Store and Apple Service Provider.

UCI Campus Assault Resources and Education (CARE)

(949) 824-7273

zkhoraki@uci.edu

<http://www.care.uci.edu/>

Providing direct victim services and campus education on the topics of sexual violence, intimate partner abuse, relationship health, and personal safety. The office provides consultation, counseling services, and advocacy as well as awareness and prevention education and training.

UCI Campus Recreation

(949) 824-3845

jshalsey@uci.edu

www.campusrec.uci.edu

Providing participatory sports, fitness programs, and services to the university community in a manner that meets or exceeds the standard of excellence of the University.

UCI Center for Emeriti and Retirees

(949) 824-7769

jerii@uci.edu

www.hr.uci.edu/retirees

CER serves as the official connection between retired UCI emeriti, faculty and staff, their respective Associations, and the University. CER sponsors your continuing email access as a retiree, coordinates with campus departments and colleagues to offer worthwhile services, programs, discounts, and opportunities for the Retiree Community to stay involved and informed.

UCI CUIDAR for Attention & Learning

(949) 824-2462

swoodard@uci.edu

www.cuidar.net

Offering parenting skills and social skills classes for 0-5 year olds.

UCI Department of Neurology Research

(949) 824-8116

www.neurology.uci.edu

Providing information on UCI Department of Neurology clinical trials.

UCI Dermatology

(949) 824-0562

dbaulk@uci.edu

<http://www.dermatology.uci.edu/>

Melanoma strikes all ages, races, and economic levels. One in 75 Americans will develop melanoma during their lifetime, and it is the fastest rising and most deadly cancer in the U.S. It is also the most preventable, and treatable, if caught early. Stop by so we can take a look at you.

**UCI Environmental Health & Safety –
Ergonomics Computer & Office**

(949) 824-6200

safety@uci.edu

www.ehs.uci.edu

Ergonomic resources, services and equipment display. Meet an Ergonomics specialist to discuss recommendations for the computer and office.

**UCI Environmental Health & Safety –
Ergonomics Lab**

(949) 824-6200

safety@uci.edu

www.ehs.uci.edu

Showcasing ergonomic laboratory related furniture and equipment for proper body mechanics and equipment adjustment.

UCI Environmental Health & Safety – Fire

(949) 824-7255

safety@uci.edu

www.ehs.uci.edu

Fire prevention hands on training.

UCI Environmental Health & Safety – Safety

(949) 824-7255

safety@uci.edu

www.ehs.uci.edu

Demonstrating injury prevention tools: online Hazard Assessment Tools & Correction report.

UCI Facilities Management

(949) 824-5444

egallton@uci.edu

www.fm.uci.edu

Safety materials to utilize during safety committee meetings. Information on how to conduct work unit safety meetings.

UCI Gavin Herbert Eye Institute

(949) 824-9970

mgduran@uci.edu

www.eye.uci.edu

Improving visual health and visual performance for people in Orange County, the nation, and the world through cooperation with medical professionals, industry and our community.

UCI Health Education Center

(949) 824-9355

www.HealthEducation.uci.edu

Empowering students to make informed decisions that support their individual health, as well as a healthy campus environment. Our resources and services focus on students, yet are available to the entire UCI campus community.

UCI Help Central Line

(949) 824-0440

helpline@uci.edu

www.helpcentral.uci.edu

Providing a central point of contact for staff, faculty, students, and parents to answer questions, address concerns and, if needed, provide direction to appropriate resources on or off campus.

UCI Hospitality and Dining

(949) 824-4182

dining@uci.edu

www.ucidining.com

UCI Hospitality and Dining operates 20 of the food venues on campus.

UCI Human Resources

(949) 824-5210

hrquestions@uci.edu

<http://www.hr.uci.edu/>

Outreach by Human Resources to support the UCI Community, marketing of training, programs and resources.

UCI Libraries

(949) 824-6836

www.lib.uci.edu

Providing access to a wide variety of electronic and print resources about health and medicine. Our collections, resources and services are available to all UCI faculty, staff, and students.

UCI MIND, Institute for Memory Impairments and Neurological Disorders

(949) 824-2382

www.mind.uci.edu

Aims to identify the life-style factors that promote wellness and "successful aging." For those suffering from age-related memory problems, our goal is to diagnose disease, identify means for effectively treating it, and provide help to families and caregivers.

UCI Orange County Optometric Group

(949) 824-5939

uceyes@aol.com

www.ocoq.com

We provide optometric services for all ages. We take G-ship, U-ship, VSP, Medicare and very soon EYEMED insurance.

UCI Parking & Transportation Services

(949) 824-1467

leharris@uci.edu

www.parking.uci.edu

Providing information on sustainable transportation options for faculty and staff that save both time and money. Come see the new Smart car from Zipcar on display.

UCI Parking & Transportation Services – Biking

(949) 824-1467

leharris@uci.edu

<http://bike.uci.edu/>

Join League of American Bicyclists certified instructors Kevin and Ximena Ansel for information about bicycle safety, commuting, bike accessories, and other bike-related topics. Bike demonstration available.

UCI Parking & Transportation Services- Campus Carshare

(949) 824-3881

rideshare@uci.edu

www.parking.uci.edu/AT

UCI campus carshare service is provided by Zipcar. Get a car by the hour or day with gas, insurance, and 180 miles included. Run errands, haul groceries, or take a road trip. Check out Zipcar's new features: 2 Smart cars on campus, hourly only cars at \$7/hour, extended rental (up to 10 days at a time).

UCI Police Department

(949) 824-5223

www.police.uci.edu

Providing our community with the highest level of public safety and police services. In partnership with the UC Irvine community, we are committed to providing a safe and secure educational environment.

UCI Police Department – CSAR

(949) 824-7147

lboque@uci.edu

<http://www.ehs.uci.edu/em/csar/index.htm>

Campus Search and Rescue (CSAR) is a staff/faculty volunteer organization with training in disaster preparedness and emergency response. The CSAR team is ready and able to respond to emergency situations at work, at home and in their communities.

UCI Recycling and Sustainability

(949) 824-5444

akriegho@uci.edu

www.fm.uci.edu

Facilities Recycling Department promotes a healthy lifestyle by recycling and teaching about recycling in your home and on campus.

UCI Risk Management

(949) 824-6516

riskmgmt@uci.edu

www.mrm.uci.edu

Administering all insurance programs, claims matters and contract services for the campus and works to reduce liability by developing loss control programs.

UCI Staff Assembly

(949) 824-7008

www.staffassembly.uci.edu

Promoting the interests of the staff and to bolster communications between staff and the administration; To provide input to the decision-making process on issues affecting staff and the University; and to support and develop activities which serve UCI, the community, and the University.

UCI Subway

(949) 824-2195

jparman@uci.edu

www.subway.com

Today, the SUBWAY® brand is the world's largest submarine sandwich chain with more than 34,000 locations around the world. We've become the leading choice for people seeking quick, nutritious meals that the whole family can enjoy.

UCI Susan Samueli Center for Integrative Medicine

(949) 757-0443

sscim@uci.edu

www.sscim.uci.edu

A proactive approach to wellness, integrative medicine uses all appropriate therapeutic methods to achieve optimal health. We blend conventional western and complementary medicine to treat the whole person, not just a disease or a singular health issue.

UCI Travel Accounting

(949) 824-3662

Providing more information on Connexxus- The University of California Travel Program.

UCI University Advancement/Anteater Advocate

(949) 824-0061

prowland@uci.edu

www.ucforcalifornia.org/ucirvine

A coalition of volunteers who share a commitment to higher education and the University of California, Irvine.

UCI Weight Management Program

(949) 824-8770

weight@uci.edu

www.weight.uci.edu

Multi-disciplinary weight management program located within the UCI Campus options for those who want to lose 10 lbs or 200+ lbs! Open to all; no referral needed.

UCI Whistleblower

(949) 824-9166

kballen@uci.edu

www.evc.uci.edu/whistleblower

Employees are encouraged to report fraud, waste and abuse. Our unit can help answer questions and guide employees in reporting, anonymously, or not.

UCI Women's Health and the Environment Study

(949) 824-7743

cshambau@uci.edu

This research is working with women aged 18-44 to study how environmental pollutants interacts with our genes to affect women's reproductive hormones and fertility.

UCI Medical Center

(877) 824-3627

www.healthcare.uci.edu

Providing information on UCI Medical Center Senior Health, Orthopedics, ENT, and Women's Health Services.

UCI Medical Center – Cardiovascular

(714) 456-8887

ndemiche@uci.edu

<http://www.healthcare.uci.edu/cs.asp>

UC Irvine Medical Center treats thousands of patients each year for all types of cardiovascular disease, ranging from the common to the rare. The cardiology services are also supported by excellent cardiothoracic and vascular surgeons.

UCI Medical Center – CDDC Gastroenterology Department - IBD

(714) 456-7347

yeungr@uci.edu

www.healthcare.uci.edu

Providing information on inflammatory bowel disease.

UCI Medical Center – Department of Family Medicine

(714) 456-5171

kekassub@uci.edu

www.familymed.uci.edu

The Department of Family Medicine has clinical practices at Gottschalk Medical Plaza in Irvine, Family Health Centers in Santa Ana and Anaheim, and the SeniorHealth Center at UCI Medical Center for patients over 50 years of age. We welcome new patients and accept UC Irvine Blue Cross and UCI HealthNet.

UCI Medical Center – Department of Radiological Sciences

(714) 456-5033

<http://www.radiology.uci.edu/>

An academic Radiology department dedicated to the advanced diagnosis and treatment of disease through biomedical research.

UCI Medical Center – Douglas Hospital Admissions Department

(714) 456-8966

sotos@uci.edu

www.healthcare.uci.edu

Designed to optimize healing, UC Irvine Douglas Hospital has spacious, mostly private patient rooms. It is equipped with the latest technological advances to treat cancer, cardiac conditions, digestive diseases, neurological disorders, trauma and critical care, severe burns, urological problems and disorders of the eye, head, neck and spine.

UCI Medical Center – Volunteer Services

(714) 456-6551

michelle.sinclair@uci.edu

www.healthcare.uci.edu/volunteer

Providing information on volunteer opportunities at the UCI Medical Center in Orange as well as the medical clinics in Anaheim, Santa Ana, and Gottschalks Plaza located on campus.

United Behavioral Health

(209) 835-3995

www.liveandworkwell.com

Providing the mental health and substance abuse service benefits for the vast majority of UC's membership.

VSP (Vision Service Plan)

(916) 858-5352

mel.scott@vsp.com

www.vsp.com

Providing general information on vision care programs, handouts, and literature outlining the importance of an annual eye exam as well as other vision health related information.

Whole Foods Market

(714) 566-7650

michael.hack@wholefoods.com

www.wholefoodsmarket.com

All natural & organic supermarket, where all products sold are free of artificial colors, flavors, sweeteners, preservatives, trans fat, hydrogenated oils & high fructose corn syrup. Together with MIX1 Shakes.