ARC Membership Benefits

ARC Members are granted access to the Anteater Recreation Center and the use of all facilities during the available hours. For facility descriptions and the hours, just use the menu to the side to make your choices!

1. Complimentary Weight Room Orientations in both the Fitness Lab and Wellness Lab, as well as a variety of new services offered through FitWell Services.
2. First Time Climb - each member is entitled to one complimentary climb on the rock wall.
3. Complimentary Group Exercise Classes - over 35 FREE classes each week.
4. The ability for Faculty and Staff to participate in Intramural Sports and designated Club Sports.
5. Court Reservations - Tennis and Racquetball courts may be reserved up to a day in advance at the ARC Front Desk (949.824.1236).
6. Gear Up - members may check out a variety of balls and equipment with their ID cards.
7. Complimentary Towel Service - Towels are available in the Fitness Lab & Wellness Lab for use during workouts or at Gear Up for showers and the rest of the facility.
8. ARC Fields - All ARC members may use the fields which include 4 softball/football fields, 2 outdoor basketball courts, 6 tennis courts, and a roller hockey rink.
9. Noon lap swimming at Crawford Aquatics Plaza, as well as use of the fields and tennis courts at Crawford.

For more information, contact Campus Recreation Services at 949.824.3738 or visit http://www.campusrec.uci.edu/membership/index.asp