Say Something
Do Something

Give Back to a Cause That Matters to You!

- Donate blood at the UCI Blood Donor Center.
- Contribute money to UCI’s Staff Relief Fund.

Practice Being Safe

- Discuss safety as a regular part of work unit meetings.
- Conduct physical inspections to identify unsafe conditions.

Take Action!

- Continue your New Year’s health goals by keeping active with programs at the Anteater Recreation Center.
- Make a resolution to care more for yourself. De-stress or find mental balance with the Employee Assistance Program (EAP).

Volunteer

- Become a part of UCI’s SOS (Safety on Site) Program.
- Volunteer at UC Irvine Health to help provide high quality patient care.
- Volunteer at UC Irvine Outreach Clinics.
- Be part of the Staff Assembly.
- Join the Fifty for 50 Volunteer Program.

Report Safety Concerns

- Call 911 to report any emergencies or accidents.
- Report distressed or threatening behavior to the UCI Police Department or Counseling Services.