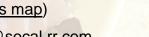
DISCOVER DELICIOUS

Come learn how Weight Watchers® can help you lose weight without sacrificing the foods you love and change your relationship with food, for good.

Join us!

Date: Thursdays, June 4 - September 3, 2015 (12-week series) Time: Noon – 1:00 p.m. NEW Location: Humanities Gateway, Room 1002 (Bldg 611 on the Campus map) Information: UCI Weight Watchers coach, Lisa Rosenbusch, Irosenbusch@socal.rr.com or UCI Worklife & Wellness Program Manager, Dyan Hall, dyhall@uci.edu



weightwatchers

Help with the hard part.

UCI Worklife & Wellness

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June 4 – September 3, 2015

Join your co-workers for a meeting and discover the impact of powerful group support, inspirational meeting leaders and essentials, and a full suite of digital tools.

Weight Watchers at Work

Your UCI Worklife and Wellness Program, is proud to present the return of Weight Watchers at Work for UCI Employees. The Weight Watchers at Work Program is a 12-week series held on the UCI campus by Weight Watchers. If you are unable to attend any of the "At Work Meetings", remember as an "At Work" member you can also attend any traditional Weight Watchers Center meetings.

Meeting Details

The 12-week series meetings will be held on Thursdays, from Noon to 1 p.m. June 4 through September 3, 2015. The first 3 meetings, (June 4, 11 and 18) will be held in the UCI Human Resources, Training Room located at 111 Theory, Suite 200 in University Research Park. Free parking is available. Link to map/directions to HR > Meetings from June 25 – July 23 will be held at Social Ecology I, Room 112. Meetings from July 30 – Sept. 3 will be held at Humanities Gateway, Room 1002 (Bldg. 611 on the campus map) Link to Campus Map >

Pricing

12 Week Series

- \$156 per person (breaks down to \$13/week)
- Includes 14 weeks of free eTools
- Payment options include:
 - Flex Pay 3 equal installment checks (\$52 each), due at week 1. Weight Watchers deposits one every 30 days
 - 1 lump sum payment with visa, mc, disc, amex, check or cash

You can sign up anytime during the series and pay a prorated amount. All payments are due upon registration and go directly to Weight Watchers.

Current and Lifetime Members

Current Weight Watchers members would need to join the At Work group and merge their MP to the series at their first meeting. Lifetime members that are at goal and have been weighing in regularly would be able to attend just as if it their traditional location for FREE. Lifetime members that are over goal are encouraged to join and receive reimbursement for the remainder of the series once back to goal. Lifetime members that are at goal and have not continued weigh-ins each month would just pay the weekly fee on week one.

If you think you may be interested in joining the Weight Watchers at Work Program but would like more information or have questions, please join us for a free meeting or contact our Weight Watchers coach, Lisa Rosenbusch at <u>Irosenbusch@socal.rr.com</u> Or UCI Worklife & Wellness Program Manager, Dyan Hall at dyball@uci edu

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